

News & Views



Spring 2021

Issue No 85

**THE JEWISH ASSOCIATION OF SPIRITUAL
HEALERS** (non denominational)

**A HEALING ORGANISATION FOR PEOPLE OF ALL
FAITHS**

Registered Charity No. 275081

**FOUNDER MEMBER OF THE BRITISH ALLIANCE OF
HEALING ASSOCIATIONS**

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Committee for 2020/2021

**Francine Benjamin, Harry Luck,
Margot Garcia, Rita and Martin Vangelder, Pat
Greenberg, Teresa Smith and Steve Sharpe.**

Editor: Steve Sharpe, 22 Boldmere Road, Pinner, HA5 1PS.

Chairman's report

Welcome to the Spring edition of News and Views, my apologies for the lateness of this issue. I hope you have all survived the traumas of the Coronavirus Covid 19 pandemic, with our condolences to everyone whose relatives and friends have sadly passed away and congratulations to those who beat the virus. It has been a very trying year for us all and I hope this next year will see the world returning to some kind of normality.

The Healing Awareness week will take place between the 3rd and 9th of May 2021 where, although most of our venues will still remain closed, I hope you will all be able to spread the word about Spiritual Healing by phone, the social media facilities and e-mail. The more people that know about Spiritual Healing, the better the nations' health will be.

We will be holding our Annual General Meeting 27th June 2021 by way of a Zoom meeting due to the uncertainty of venues being open, so I hope we will see as many of our members as possible showing support, hopefully more attendees than the 2020 AGM. We are looking for some extra help within the committee, so if you have some spare time (only two or three meetings a year) please phone Francine 07947 712879 or myself 020 8866 9332. I have been chairman for the last twenty five years and think that it's about time I stepped down to allow some new blood with new ideas and views to take over the reigns of the Jewish Association of Spiritual Healers, any offers??

The British Alliance of Healing Associations have updated their website to include a Healing Well for us to use whenever we want to send Distant Healing to our families and friends <https://www.britishalliancehealingassociations.com>.

I thank our committee for all their hard work and expertise in keeping JASH at the forefront of the healing movement.

Steve Sharpe

Annual General Meeting

Our Annual General Meeting will take place 27th June 2021 by way of a Zoom meeting at 2-30 pm, please make a note in your diary to join us as we need to comply with charity law in order to maintain our charitable status. Final details will be sent by e-mail in the middle of June.

“Let our words be happy words of love and sympathy. Let us speak of kindness and generosity. Do not let unpleasant things mar or spoil the day. We should then think carefully of what we are going to say. For words can wound or injure or they can heal and bless, so let us try to cultivate the words of happiness.”

Kathleen Gillum

ISRAELI TITBITS

There is much news from Israel about new developments on the Covid front, from sprays in the nose to kill the virus, to a drug EXO-CD24 to cure serious cases in 2-3 days through inhalation, to others still going through clinical trials, to an instant coronavirus breath test with results in a few seconds and with an accuracy level of 98%. It is wonderful to see the innovations there that hopefully will reach the international community.

Gamida Cell Ltd, a maker of cell and immune therapy technologies, published the results of a key late-stage clinical trial of its flagship drug Omidubicel, which aims to increase the success of bone-marrow transplants in blood cancer patients. The drug resulted in faster blood count recovery, fewer bacterial and viral infections and fewer hospital days.

Hebrew University scientists have developed a blood test that they say could replace nearly all cancer screenings within a decade. The test could drastically reduce cancer cases by catching them early, as regular blood tests are practical in a way that regular screenings are not.

Pharma giant Bayer AG has signed a collaboration agreement to test out new drugs on human heart tissue which has been 3D printed by researchers at Tel Aviv University. They will be testing for toxicity and efficacy over a number of years using, eventually, whole human 3D printed hearts.

Aleph Farms together with the Technion Institute of Technology said its unique 3D bio-printing technique has produced a steak with “attributes of a delicious tender juicy rib-eye steak you’d buy from the butcher”. It now has

the ability to produce any type of steak and plans to expand its portfolio of quality meat products.

Israeli start-up StoreDot announced that it has produced 1000 of its XFC extra-fast-charging electric car batteries. Their proprietary lithium-ion batteries can be charged to full capacity in 5 minutes compared to 30-40 minutes for other car batteries. It will take time to become commercially feasible because it would require much higher power chargers than are currently available, but StoreDot is working with BP to repurpose gas stations as charging stations.

Rambam Health Care Campus, a 1000-bed academic hospital in northern Israel, has treated dozens of burn patients with nano-materials developed by Israeli start-up Nanomedic Technologies Ltd, that adhere to the wound with no dressing changes needed. The system is called Spincare and dresses burns with materials that mimic human tissue and adhere precisely to the treated area. Patients can shower after 24 hours. Also, doctors from Europe and India have begun to use this treatment that enables them to spray the translucent breathable skin substitute onto burns and wounds, replacing painful and restrictive bandages.

An Israeli-led research team says it has created an unprecedented molecular map of a brain's memory centre, in a first application of technology that may help in the fight against Alzheimers and other diseases. The breakthrough allows researchers to zoom in on RNA without having to remove the RNA for analysis, giving a view of brain tissue that was hitherto out of reach.

Israeli company, City Transformer, has developed a car that can shrink in size to squeeze into parking spots. Its electric car is 2.4 metres long (8.2 feet) and 1.4 metres

wide but can contract its wheelbase to just 1 metre wide for easy parking or manoeuvring through traffic. The cabin itself does not shrink or change space and has room for two adults.

A 78 year-old blind man from Haifa regained his sight after being implanted with an artificial cornea developed by CorNeat Vision, at the Rabin Medical Centre in Israel. When implanted the material integrates with live tissue and stimulates even more integration, and thus does not trigger an adverse immune system response. It was the first such successful implant. Upon removal of bandages the patient was able to read text and recognise family members.

A new study from Tel Aviv University and the Shamir Medical Centre in Israel indicates that hyperbaric oxygen treatments (high-pressure oxygen in a pressure chamber) in healthy adults can stop the aging of blood cells and reverse the aging process. In a biological sense the blood cells of adults actually grow younger as the treatment progresses.

Orcam Technologies develops devices to assist the blind and visually impaired. Its MyEye device is finger-sized that attaches to any pair of eyeglasses. Using artificial intelligence software the device is able to read printed and digital text out loud from any surface. The device also recognises faces, consumer products, colours and currency. The company has just enrolled soccer legend Lionel Messi to be the face of the company. In 2019 MyEye was chosen as a 2019 TIME Best Invention, and it has now won the CES 2021 Best of Innovation Awards in the 'accessibility' category. The announcement was made ahead of the first all-digital CES 2021, one of the world's most influential technology events.

Israeli MediWound, a maker of pineapple-based gel to treat burn victims has signed an exclusive marketing and distribution agreement with a UAE Conglomerate for the commercialisation of its NexoBrid drug for the treatment of severe burns.

Israeli researchers have found previously unknown peptides on tumours, which could be exploited in the future to boost the effectiveness of cancer treatments. These are of a kind that isn't derived from the cancer DNA but they do activate T cells which can be reactive against cancer.

Aidoc, which develops AI-based software that helps radiologists, announced that Israel's six largest hospitals are using its technology to analyse CT scans to pinpoint critical conditions such as cerebral haemorrhage, pulmonary embolism, strokes, and C-spine fractures. "Today radiologists feel they have an extra pair of eyes which ensures the best care in the fastest possible time".

An Israeli company, Oramed, has started final phase 3 trials under the FDA of its oral insulin, bidding to become the first to make the product available to the international community. It has the potential to improve the lives of hundreds of millions of diabetics worldwide, reducing complications of treatment, and thereby reduce the overall cost of treating diabetics. The dosing technology being used for insulin could potentially be used to create oral versions of other medical injections.

The Tel Aviv - Jaffa Municipality has announced that it is on track to become the first city in the world to have smart roads that can charge electric vehicles as they drive along, with a pilot project set to trial an electric public transport system.

Harry Luck

Scientists Grow Mice Embryos in a Mechanical Womb

Biologists have long held that a fetus needs a living uterus to develop. Maybe not anymore.

Mouse embryos, their beating hearts visible, grown outside the womb after four days.

The mouse embryos looked perfectly normal. All their organs were developing as expected, along with their limbs and circulatory and nervous systems. Their tiny hearts were beating at a normal 170 beats per minute.

But these embryos were not growing in a mother mouse. They were developed inside an artificial uterus, the first time such a feat has been accomplished, scientists reported on Wednesday.

The experiments, at the Weizmann Institute of Science in Israel, were meant to help scientists understand how mammals develop and how gene mutations, nutrients and environmental conditions may affect the fetus. But the work may one day raise profound questions about whether other animals, even humans, should or could be cultured outside a living womb.

In a study [published in the journal Nature](#), Dr. Jacob Hanna described removing embryos from the uteruses of mice at five days of gestation and growing them for six more days in artificial wombs.

At that point, the embryos were about halfway through their development; full gestation is about 20 days. A

human at this stage of development would be called a fetus. To date, Dr. Hanna and his colleagues have grown more than 1,000 embryos in this way.

“It really is a remarkable achievement,” said Paul Tesar, a developmental biologist at Case Western Reserve University School of Medicine.

Alexander Meissner, director of genome regulation at the Max Planck Institute for Molecular Genetics in Berlin, said that “getting this far is amazing” and that the study was “a major milestone.”

But the research has already progressed beyond what the investigators described in the paper. In an interview, Dr. Hanna said he and his colleagues had taken fertilized eggs from the oviducts of female mice just after fertilization — at Day 0 of development — and had grown them in the artificial uterus for 11 days.

Until now, researchers were able to fertilize eggs from mammals in the laboratory and grow them for only a short time. The embryos needed a living womb. “Placental mammals develop locked away in the uterus,” Dr. Tesar said.

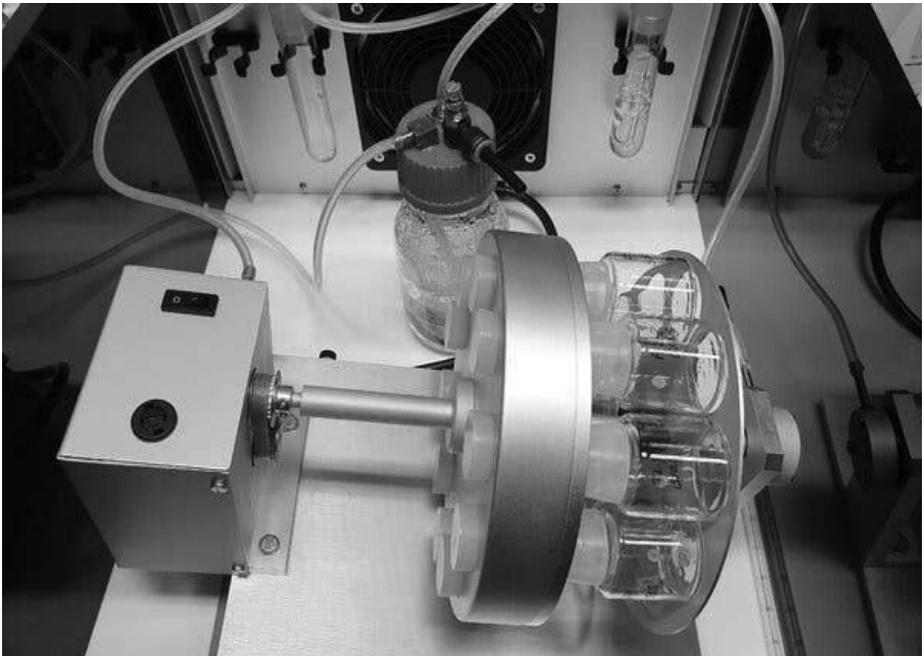
That prevented scientists from answering fundamental questions about the earliest stages of development.

“The holy grail of developmental biology is to understand how a single cell, a fertilized egg, can make all of the specific cell types in the human body and grow into 40 trillion cells,” Dr. Tesar said. “Since the beginning of time, researchers have been trying to develop ways to answer this question.”

The only way to study the development of tissues and organs was to turn to species like worms, frogs and flies that do not need a uterus, or to remove embryos from the uteruses of experimental animals at varying times, providing glimpses of development more like snapshots than video.

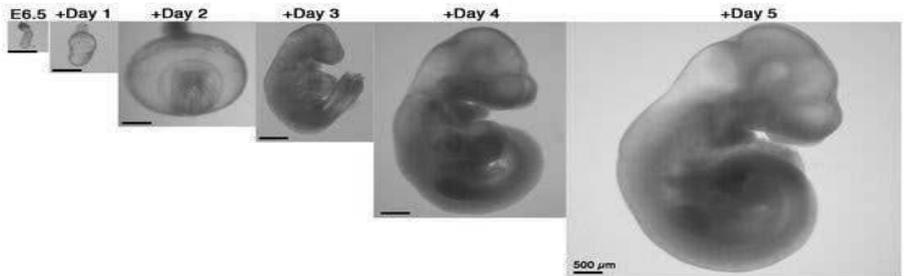
What was needed was a way to get inside the uterus, watching and tweaking development in mammals as it happened. For Dr. Hanna, that meant developing an artificial uterus.

He spent seven years developing a two-part system that includes incubators, nutrients and a ventilation system. The mice embryos are placed in glass vials inside incubators, where they float in a special nutrient fluid.



Viable embryos spinning in vials in a mechanical womb.

A. Aguilera-Castrejon et al., Nature 2021



Development of a mouse embryo over a five-day period. The vials are attached to a wheel that slowly spins so the embryos do not attach to the wall, where they would become deformed and die. The incubators are connected to a ventilation machine that provides oxygen and carbon dioxide to the embryos, controlling the concentration of those gasses, as well as the gas pressure and flow rate. At Day 11 of development — more than halfway through a mouse pregnancy — Dr. Hanna and his colleagues examined the embryos, only the size of apple seeds, and compared them to those developing in the uteruses of living mice. The lab embryos were identical, the scientists found.

By that time, though, the lab-grown embryos had become too large to survive without a blood supply. They had a placenta and a yolk sack, but the nutrient solution that fed them through diffusion was no longer sufficient. Getting past that hurdle is the next goal, Dr. Hanna said in an interview. He is considering using an enriched

nutrient solution or an artificial blood supply that connects to the embryos' placentas.

In the meantime, experiments beckon. The ability to keep embryos alive and developing halfway through pregnancy "is a gold mine for us," Dr. Hanna said.

The artificial womb may allow researchers to learn more about why pregnancies end in miscarriages or why fertilized eggs fail to implant. It opens a new window onto how gene mutations or deletions affect fetal development. Researchers may be able to watch individual cells migrate to their ultimate destinations.

The work is "a breakthrough," said Magdalena Zernicka-Goetz, professor of biology and biological engineering at Caltech. It "opens the door to a new age of studying development in the experimental mouse model."

A developing mouse embryo inside its glass vial. Video by A. Aguilera-Castrejon et al., Nature 2021

A recent development provides another opportunity. Researchers have directly created mouse embryos from mouse fibroblasts — connective tissue cells — making early embryos without starting with a fertilized egg. Combine that development with Dr. Hanna's work, and "now you don't need mice to study mouse embryo development," Dr. Meissner said. Scientists may be able to make all the embryos they need from connective tissue. If scientists could make embryos without fertilizing eggs and could study their development without a uterus, Dr. Meissner said, "you can get away from embryo

destruction.” There would be no need to fertilize mouse eggs only to destroy them in the course of study.

But the work might eventually extend beyond mice. Two other papers published in Nature on Wednesday report on attempts that edge near creating early human embryos in this way. Of course, Dr. Meissner said, creation of human embryos is years away — if it is permitted at all. And for now, international regulations prohibit studying human embryos beyond 14 days of fertilization.

In the future, Dr. Tesar said, “it is not unreasonable that we might have the capacity to develop a human embryo from fertilization to birth entirely outside the uterus.”

Of course, even the suggestion of this science fiction scenario is bound to horrify many. But it is early days, with no assurance human fetuses could ever develop entirely outside the womb.

Even assuming they could, Dr. Tesar noted, “whether that is appropriate is a question for ethicists, regulators and society.”

Gina Kolata writes about science and medicine. She has twice been a Pulitzer Prize finalist and is the author of six books, including “Mercies in Disguise: A Story of Hope, a Family's Genetic Destiny, and The Science That Saved Them.” [@ginakolata](#) •

First seen in the New York Times and sent in by Francine Benjamin

I covered myself from head to toe in mirrors this morning, as I think I am at that age where one needs a great deal of reflection.

The Genesis story

God created the Earth and left Adam to tend the Garden of Eden.

After a while, Adam contacted God to say that although he enjoyed gardening he did not have anyone to talk to and he felt lonely at night. Please could he have a companion?

God agreed to this and said he would create woman. She would be his faithful and loving companion for life. She would cook his meals and do the washing-up. When they got round to inventing clothes, she would wash and iron them, do alterations, and repair them. Whenever necessary she would clean and tidy the house and would never throw any of his possessions away. Furthermore, she would adore him and enthusiastically satisfy his every whim in bed whenever he wanted. If he became unwell she would nurse him day and night and gently soothe his mind if he became troubled by anything at all. She would only speak when spoken to and would do all these things without nagging, complaining or headache.

Adam was overjoyed but, being a realist, asked God if he wanted anything in return. "Well, of course", said God, "for providing a woman such as this I shall deprive you of an arm and a leg".

Adam's brow furrowed as he considered the implications, then he replied: "can we negotiate this God? What would I get for.... say.... a rib?"

Dizzy spells are usually a sign that your current diet lacks some mineral or trace element. Vega testing or muscle resistance testing or dowsing will tell you which one you are missing, magnesium supplements helped my system to be rebalanced.

Hybridized mushroom extract destroys cancer cells and provides powerful immune protection.

Until now, the only way to gain access to this remarkable immune booster was to live in Japan. For the last five years in Japan, people with cancer, AIDS and other life-threatening illnesses - as well as healthy people who want to stay that way - have been revving up their immune systems, destroying tumour cells and preventing cancer and other illnesses with a powerful extract called AHCC (activated hexose correlate compound). Since 2016 AHCC has been available in the United States and hopefully in the UK.

AHCC is an extract of a unique hybridization of several kinds of medical mushrooms known for their immune enhancing abilities. On their own, each mushroom has a long medical history in Japan, where their extracts are widely prescribed by physicians. But when combined into a single hybrid mushroom, the resulting active ingredient is so potent that dozens of rigorous scientific studies have now established AHCC to be one of the world's most powerful - and safe - immune stimulators.

In vitro animal and human studies confirm that AHCC effectively works against and in some cases even prevents the recurrence of liver cancer, prostate cancer, ovarian cancer, multiple myeloma, breast cancer, AIDS and other life threatening conditions with no dangerous side effects. In smaller doses, AHCC can also boost the immune function of healthy people, helping to prevent infections and promote well- being.

Calling up your first line of defence

Our immune systems stand between us and the rest of the world. Without it, our bodies would be overrun with bacteria, viruses, parasites, fungi and other invaders, infections would rapidly spread and cancer cells would

proliferate. Like a highly responsive and well coordinated army, our immune systems are composed of a variety of specialised immune cells that identify, seek out and destroy microbes, pathogens and tumour cells.

First on the scene of possible trouble are the phagocytes and natural killer (NK) cells, which respond quickly to potential threats. Often referred to as the body's "front line of defence", these cells are constantly on the lookout for suspicious substances. NK cells latch on to the surface of substances or the outer membrane of cancer cells and inject a chemical hand grenade (called a granule) into the interior. Once inside the granules explode and destroy the bacteria or cancer cell within five minutes, itself remaining undamaged, the NK cell then moves on to the next victim. In its prime, a NK cell can take on two cancer cells at the same time, speeding up the process.

Recent research shows that as we age, our immune system functions less efficiently. In particular, the ability of our NK cells to respond quickly and efficiently declines with age and illness. When NK cells lose their ability to recognise or destroy invaders, health can deteriorate rapidly. Moderately low to dangerously low NK cell activity levels have been found in people with AIDS, cancer, immune deficiency, liver disorders, various infections and other diseases. Because measurements of NK cell activity are closely correlated with one's chance of survival, anything that helps increase NK cell activity may help people treat, recover from and/or prevent these illnesses.

Research finds remarkable immune system boost in multiple ways.

Scientific studies of the extract AHCC, published in respected peer- reviewed journals such as *International Journal of Immunology*, *Anti-cancer drugs* and *Society of Natural Immunity*, have established the health benefits and safety of AHCC more conclusively than nearly any other natural supplement. What is especially remarkable about

AHCC is that it consistently and effectively boosts immune system function.

Specifically, AHCC:

- Stimulates cytokine (IL-2, IL-12, TNF and INF) production, which stimulates the immune function.
- Increases NK cell activity against diseased cells as much as 300%.
- Increases the formation of explosive granules within NK cells. The more ammunition each NK cell carries, the more invaders it can destroy.
- Increases the number and the activity of lymphocytes, specifically increasing T-cells up to 200%.
- Increases Interferon levels, which inhibits the replication of viruses and stimulates NK cell activity.
- Increases the formation of TNF, a group of proteins that help destroy cancer cells.

These dramatic immune effects translate into profound health benefits. A 1995 clinical trial reported in the *International Journal of Immunotherapy* showed that 3 grams of AHCC per day significantly lowered the level of tumour markers found in patients with prostate cancer, ovarian cancer, multiple myeloma and breast cancer. This study documented complete remissions in six of eleven patients and significant increases in NK cell activity in nine of the eleven patients. T- and B- cell activity levels also rose considerably.

AHCC now available in the United States

After years of successful use in Japan, AHCC is available in the United States as the active ingredient in a product called Imm Power. Distributed by the Harmony Company, Imm Power comes in gelatine capsules containing 500 mg of AHCC (proprietary blend).

Imm Power can be taken in preventative or therapeutic doses and should be discussed with your personal physician. For prevention, the recommended dose is 1 gram per day taken as one 500 mg capsule in the morning

and again at night. This dose will help increase NK cell activity and support immune system functioning for good health and general well-being. For those with cancer, AIDS or other life threatening conditions, the research indicates a therapeutic dose of two capsules in the morning, two at midday and two at night for a total of three grams per day to jump start NK cell activity. After three weeks , the dose can be reduced to 1 gram per day (one capsule in the morning and one at night) to maintain the increased NK cell activity. *Reprinted by kind permission from the Atlas of Natural cures by Dr. Glen S. Rothfield.*

THE MULBERRY BUSH

You tend to go around in circles but that won't get you anywhere will it? Plan your days one job at a time, then you may get somewhere. There is no use going around in circles and not getting anywhere. Time is too short, life is too short on Mother Earth, so make a list and plan each day, only then will all things fall into place for you and anyone around you.

That is how we advise you to live a more peaceful life and get the most out of your days. Don't be stubborn when you know a job needs doing because it will hang over you like a lead weight on your shoulders. Take one step at a time, action all that is on your list for that day and any spare time can be enjoyed by you and anyone around you

That is our message for today go with our blessings.

Reprinted by kind permission from Guidance from the World of Spirit by Sheila Doffman Goldsmith.

“It matters not who you love, where you love, why you love, when you love, or how you love, it matters only that you love.”

John Lennon

The ancient famous prayer of St Francis of Assisi which in these challenging times is more important than ever:

Lord, make me an instrument of your peace.

Where there is hate, that I may bring **love**;
where there is offence, that I may bring **pardon**;
where there is doubt, that I may bring **faith**;
where there is despair, that I may bring **hope**;
where there is darkness, that I may bring **light**;
and where there is sadness, that I may bring **joy**.

Another Dementia Test.

This one has different questions than the last.

Yep, it's that time of year again for us to take our annual senior citizen test.

Exercise of the brain is as important as exercise of the muscles.

As we grow older, it's important to keep mentally alert.
If you don't use it, you will lose it !!

#1. What do you put in a toaster ?

Answer: 'bread.' If you said 'toast', just give up now and go do something else.

And, try not to hurt yourself. ;
If you said, bread, go to Question #2.

2. Say 'silk' ten times. Now spell 'silk.' What do cows drink ?

Answer: Cows drink water. If you said 'milk,' don't attempt the next question.

Your brain is already over-stressed and may even
overheat.

Content yourself with reading more appropriate literature
such as Women's Weekly or Auto World.

However, if you did say 'water', proceed to Question #3.

3. If a red house is made from red bricks and a blue house is made from blue bricks and a pink house is made from pink bricks and a black house is made from black bricks, what is a green house made from ?

Answer: Greenhouses are made from glass.

If you said 'green bricks', why
are you still reading this ? ; PLEASE, go and lie down !
But, if you said 'glass,' go on to Question #4.

4. Please do not use a calculator for this for it would be cheating:

You are driving a bus from London to Bristol.

In Slough, 17 people got on the bus.

In Reading, 6 people get off the bus and 9 people get on.

In Swindon, 2 people get off and 4 get on.

In Chippenham, 11 people get off and 16 people get on.

And in Bath, 3 people get off and 5 people get on.

You then arrive at Bristol.

Without going back to review, how old is the bus driver ?

;

Answer: Oh, for crying out loud !

Don't you remember your own age?!?! It was YOU driving
the bus!

If you pass this along to your friends, pray they do better
than you.

PS: 95% of people fail most of the questions!

Kali Yuga

Kali Yuga We live in a remarkable era. This has been called Kali Yuga` the age of darkness and illusion, the darkest age humanity has yet experienced.

It is a time of much chaos, brutality and intolerance, racial prejudice, greed, hunger for power, lack of respect for human life, animals and other forms of life. It is a time of famine, disease, earthquakes and volcanic eruptions all over the world, massacres and war such as have never been known before.

Every day; the media reports horrific happenings and crimes, innocents suffering unspeakably, and it is as if we are becoming so immune to these horrors, that we hardly raise an eyebrow any more, let alone the voice of protest. And yet there is great hope for there are always some voices to be heard ~ some great souls -- to remind us that we are spiritual beings inhabiting human bodies on this Earth, in order to enjoy the gift of life we have been given so lovingly and kindly-a priceless gift-and to learn at this Earthly school of life.

To those who have the awareness, every breath is precious putting us in touch with and recognising the Source of all life and creation, love, peace, light, beauty, energy and truth.

We are so blessed since this Source of Creation -- we call God -- doesn't live far, far away "up in the sky" as it were, but dwells in each human heart with infinite kindness and unconditional love, allowing us all access if we so wish ~ particularly through prayer and meditation.

We have made incredible strides in technology over the past 50 -100 years. The past century has been phenomenal in the way such great advances have been made enabling us to communicate globally through computers and internet to travel further and faster, to speak to and see people thousands of miles away and so on.

We have been given gadgets to relieve us of drudgery, more and more leisure pursuits to enjoy, ways hopefully to improve health and happiness. But are we any happier? Fundamentally we all hunger for simplicity, joy and happiness and these are natural born gifts that we see in little children. They are to be found within us, not in the complicated, constantly beckoning distractions outside. These say "try this, try that!" "buy this and buy that!" but no matter how much we try and buy there is no lasting satisfaction.

For us as healers and knowing others like ourselves, we hopefully have the awareness to recognise the true hunger in the people we meet and give healing to. We understand that we are spiritual beings endeavouring to grow in the process of enlightenment and the purpose of life which is to accept and realise God and to learn and enjoy this gift of life.

As healers we can help others to recognise this so that they can be in touch with the peace, joy and love within themselves.

We are truly fortunate for we can now all help the age which has already begun and which has been promised to us in which darkness and illusion and ignorance and fear are dispelled -- so that the Golden Age of harmony, joy and peace may prevail - when all men "shall be brothers," for even a very little light will dispel darkness.

Yetta Powell

Harry Edward's Angels

The following remarkable occurrence was related to Ray Branch by Harry Edwards describing how he so narrowly escaped death and went on to become one of the greatest spiritual healers of our time.

"It was many years ago, but I recall the incident as vividly as it happened at the time. I was on a tram going towards Jamaica Road in Bermondsey (South London) which was always very busy with traffic. It was getting on for dusk as the tram came to a halt, instead of getting off and crossing

immediately to the pavement as everyone else was doing, for some inexplicable reason I walked round the back of the tram and right along the off side and then crossed in front of the tram to get to the pavement. I knew it was rather a silly thing to do and was anxious to get out of the way of the traffic as quickly as possible. I was walking very fast and as I stepped out into the road, a large lorry, the driver of which could not possibly have seen me, or stopped in time came rushing towards me. Before I could collect my wits, I felt myself lifted off the ground and in a flash was whisked out of the path of the lorry and flung on to the pavement. I landed on my feet and remember looking up at the people nearby and seeing the looks of utter astonishment on their faces at their having seen a man suddenly being picked up by some unseen force and being transported several feet to avoid being struck by the lorry. Had this not happened, incidentally, there is no doubt that I would have been killed. Some force of great power had come swiftly to my aid and those who witnessed the incident were astounded by what they saw”.

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THE STORY OF GREYFRIARS BOBBY

"GIE 'im a penny plate o. the guid broo." A century had passed since Auld Jock, dying on his feet, took a copper coin from his pocket to pay John Traill for wee Bobby's meal.

"Bobby isna' rna ain dog," he explained. The story has been told a million times from the time when Queen Victoria was a happy mother, with her bairns around her at Balmoral. The monument still stands near to the gate of Greyfriars Church, telling how in 1858 the faithful dog followed the body of his master to Greyfriars Churchyard and lingered near the spot till his death in 1872. Only the name, John Gray, written in the flyleaf of his Bible, identified Auld Jock before he was buried. No one but the

Bible reader remained to see the grave partly filled in and tried to persuade the dog, Bobby, to go away with him. When the gravedigger had finished and gone, the caretaker ordered the dog away with a sharp "Gang-awa, oot!" Bobby trembled but did not obey. He never left the vicinity, save to call three days after the burial, a picture of woe and hunger, to the old Greyfriars Dining Rooms, where he had been taken every market day with his master.

Mr. John Traill, the owner of the dining rooms, gave Bobby a bun. Every day after that he came for a bun, and Traill followed him to Greyfriars Churchyard where, by the grave of his master, he lay down and ate the bun. Brought away from the grave three times, Bobby always made his way to the same spot, where he continued to spend both days and nights there, taking refuge only in rough weather under a nearby tombstone. Despite the kindly advances of the Edinburgh folk, who erected a shelter for him near his master's grave, Bobby stayed there, except for his visits to Greyfriars Dining Rooms for his daily bun and one visit to the Court, for fourteen years.

There was the ever pressing question of the dog's licence. A lass name Ailie collected the money aided by one, Geordie Ross, a big fellow going through medical school, who went with Ailie to the lodgings of other students, appealing to them in his quiet way: "Give the lassie what you can spare, man, or I'll have to give you a licking!" Five years before his death Bobby was arrested as a "vagrant". and appeared in Court, accompanied by the restaurant keeper, who was accused of "harbouring" the dog. Mr. Traill told the magistrate that he did not own or harbour the dog - "The bit terrier is no' rna ain dog."

Then he remembered Auld Jock who loved him also, saying, "Bobby isna' rna ain dog," and his fierce championship of the wee dog came out as he told the now time honoured story. It was the Lord Provost, William Chambers, who made himself responsible for the payment of the licence, and had made for Bobby a collar with the

inscription on a brass plate, "Greyfriars Bobby, from the Lord Provost, 1867, Licensed." After Bobby's death the collar was deposited in the City Museum, where it can still be seen. Thus Bobby lived as a "freeman" of the City until, like his master, he was buried in Greyfriars Churchyard, and the Baroness Burdett-Coutts obtained permission to erect a fountain with the effigy of the inconsolable dog. Other countries have *their* "Greyfriars Bobbys." Not so long ago Italy honoured a dog who has kept vigil at a bus stop for fourteen years. After the Mayor of Borgo Sam Lorenzo, at a public ceremony, had placed a gold medal on his collar, the dog took up his accustomed position -at the bus stop.

There is a statue in Shibuga, Japan, to a dog who went every day, morning and evening, to the railway station for eleven years, expecting to meet his dead master. Every year the people of Melbourne lay wreaths on the Cenotaph on which is inscribed: "The little soldier-dog, "Horrie" who was killed on March 12th, 1945, and whose death shocked every animal lover in Australia."

France has its statue to Barry, the St. Bernard, who saved the lives of forty people, only to lose his own life while attempting to save the forty-first.

The accounts of dog exploits in the two Great Wars are equal in heroism to the best in men. Our own Greyfriars Bobby was probably the forerunner of them all.

So long as Edinburgh lives, the story of Greyfriars Bobby will be remembered. With the passing of the years a kind of immortality has been built around the memory of this warm-hearted Highland terrier that will keep the memory of Greyfriars Bobby ever green.

"As long as Edinburgh exists, the story of `Greyfriars Bobby' will be remembered."

We can learn much from the devotion, patience and acceptance of animals who share their lives with us, and who by so doing, enrich our lives and give us so much joy.

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Social and Personal

Our condolences to Joy Markham and family at the passing on of her son Simon.

Congratulations to Ruth Kaye at her achievement of working as a healer in her local Leeds hospital for thirty years and being part of the paid staff connected to the oncology department for the last eighteen. Her e-mail is ruth@cainer.com should you wish to join her in her retirement in her garden sanctuary.

BEST FRIEND

Do you know how much I love you,
Will you ever realise?
Can't you hear it in my voice,
Can't you see it in my eyes?
I loved you from the very first,
Through all the years that have now passed,
I love you every day,
I'll love you at the very last.
And when all else has let you down,
And even friends you hold so dear,
Remember you are not alone,
For my dear one , I'll still be here.

Yetta Powell

VENUES WHERE J.A.S.H. HEALERS CAN BE FOUND

BUCKHURST HILL

CONTACT RITA 020 8257 9325

BUSHEY

**BUSHEY YOUTH AND COMMUNITY CENTRE,
FALCONER ROAD, BUSHEY, HERTS. WD23 3AD.**

THURSDAY 7 PM TO 9 PM

CONTACT KAREN 07866 048086 OR JUNE 07796 914830

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**PINNER VILLAGE HEALING CENTRE
PINNER VILLAGE HALL, CHAPEL LANE,
PINNER, HA5 1BA (REAR OF CAR PARK)**

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CONTACT STEVE 020 8866 9332

SOUTHGATE

CONTACT FRANCINE 07956 261738

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GLEBE ROAD, STANMORE HA7 4EL**

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