

# News & Views



***Spring 2022***

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**THE JEWISH ASSOCIATION OF SPIRITUAL  
HEALERS** (non denominational)

**A HEALING ORGANISATION FOR PEOPLE OF ALL  
FAITHS**

Registered Charity No. 275081

**FOUNDER MEMBER OF THE BRITISH ALLIANCE OF  
HEALING ASSOCIATIONS**

**Patron:**

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**Chairman: Steve Sharpe**

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**Hon. Treasurer: Harry Luck**

**Hon. Auditors: Cane Terry & Co. - 31, Hardwick Court,  
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**Committee for 2021/2022**

**Francine Benjamin, Harry Luck,**

**Margot Garcia, Rita and Martin Vangelder, Pat  
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For further information on the Quaker Spiritual Healers please contact Quaker Life, (YG), Friends House, Euston Road, London, NW1 2BJ or phone the answer-phone on 020 7663 1025. There is also a Quaker website: [www.quaker.org.uk](http://www.quaker.org.uk).

*Rosalind Smith*

## **THE OLD MILL BY THE STREAM**

Let the stream cleanse and heal you as you go about your day-to-day business and if there are any hiccups along the way empty your mind. Don't dwell on the turmoil of your mind, your brain collects so much it is wise to let go of things that are not important for another day. Your problems may always be there unless you discard them one at a time, by working in that way you will lighten your load then you will be able to hold your head up to enjoy the rest of your day.

Don't live in the shadows of problems, coping with one problem at a time will lift the weight from your shoulders which in turn gives you time to enjoy the rest of your day. Take comfort from knowing that you are able to lift the load, one job at a time. Everyone needs time to relax or they will eventually burn out and be useless to themselves or anyone else which makes for an unhappy life for you and all those around you. Lift your head high and raise a smile because your life is everlasting, time is everlasting.

*Reprinted from "Guidance from the Realms of Spirit by Sheila-Doffman Goldsmith*

**VENUES WHERE J.A.S.H. HEALERS CAN BE FOUND**

**BUCKHURST HILL**

**CONTACT RITA 020 8257 9325**

**PINNER**

**PINNER VILLAGE HEALING CENTRE  
PINNER VILLAGE HALL, CHAPEL LANE,  
PINNER, HA5 1AA (REAR OF CAR PARK)**

**THURSDAY 2 PM TO 4-00 PM**

**CONTACT STEVE 020 8866 9332**

**SOUTHGATE**

**CONTACT FRANCINE 07956 261738**

**STANMORE**

**STANMORE HEALING CENTRE, GLEBE HALL,  
GLEBE ROAD, STANMORE HA7 4EL**

**WEDNESDAY 7 PM TO 9 PM**

**CONTACT STEVE 020 8866 9332**