

# News & Views



**Winter 2021**

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**THE JEWISH ASSOCIATION OF SPIRITUAL  
HEALERS** (non denominational)

**A HEALING ORGANISATION FOR PEOPLE OF ALL  
FAITHS**

Registered Charity No. 275081

**FOUNDER MEMBER OF THE BRITISH ALLIANCE OF  
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**Committee for 2021/2022**

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## **Chairman's report**

Welcome to the winter edition of News and Views. We seem to be settling down to some kind of normality following the disruption to life the Covid 19 virus and its variants have caused everybody around the world, although we are not yet free of its tentacles and caution still needs to be adhered to, especially with this new Omicron variety looming its ugly head. Our condolences to the many people who have lost family and friends over the last couple of years, especially to the virus.

Membership renewals are due 1<sup>st</sup> January 2022, which we have kept to £25 again this year and look forward to as many of our members rejoining as possible. Hopefully this next year will be far more productive than the last couple of years have been. Maybe some of our members would like to join our committee, it won't take too much of your time, probably only about 3 meetings a year, which can now be virtual meetings by way of the internet. Any volunteers please contact me at [jashhealing@hotmail.com](mailto:jashhealing@hotmail.com) or 020 8866 9332.

The British Alliance of Healing Associations held their Annual General meeting in September where they launched their Energy Wells for distant healing, please see their web site [www.britishalliancehealingassociations.com](http://www.britishalliancehealingassociations.com) and join in whenever possible to send and/or receive healing.

I thank your committee, as always, for their time and expertise in keeping the Jewish Association of Spiritual Healers at the forefront of the healing community.

*Steve Sharpe.*

## **NO**

When will I learn to say  
No, no, no, no?  
When someone cries "Help"  
I get up and go.

"I need you!" they say  
With despair on their face  
But I need me too  
And I need my own space.

I'll help all I can  
But you must see  
That I haven't got  
Infinite energy.

I have things to do  
And I need time to grow,  
So please don't be upset  
If I have to say "No".

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From Yetta Powell's book "Reflections and Rhymes".*

## **Social and Personal**

Our condolences to Karen Grout and her family at the passing of her mother Lily.

## ISRAELI TITBITS

Israeli computer vision start-up Trigo Vision is launching a new pilot in Utrecht in the Netherlands to demonstrate the company's grab-and-go checkout free shopping technology with the Aldi supermarket chain. This new Aldi store is being fitted with Trigo's software and hardware and is set to open next year. Trigo has also entered into partnership with German retail giant REWE to set up grab-and-go in Cologne. This follows previous Trigo partnerships with Tesco. The idea is that shoppers can simply walk out with their purchases, no formal checkouts, but bills automatically generated and charged.

Nanoparticles tested on mice and unveiled in peer-reviewed research head straight for cells that are inflamed and either silence or edit the gene that is causing the inflammation without touching healthy immune cells. "Instead of today's treatments for inflammation which are felt across the body, we are sending ours with a GPS of its own that takes it precisely to the right cells in the body" said Prof. Dan Speer, vice president for R&D at Tel Aviv University.

Israel's MediWound Ltd, a maker of a pineapple-based gel to treat burn victims, have received positive results of a key Phase 3 clinical trial for its treatment on children with severe burns. Nexobrid demonstrated a significant reduction in the time to achieve complete removal of dead tissue from a burn, and also a significant reduction in the size of the wound area that required surgery.

New Israeli nanotechnology will restore the sense of touch for people who have lost it from injury or amputation. Tel Aviv University has developed a tiny sensor that can be implanted into fingers, toe or any other body part to bypass the broken nerve in that area and wire the

sensation to other healthy nerves. The body quickly learns that the nerve is receiving signals from a different source and interprets them correctly.

Israeli neuroscientists trained a 50-year-old man, blind from birth, to recognise objects using a sensory substitution algorithm called EyeMusic, which converts visual stimuli into sound-scapes, sound units that convey information about geometric shapes. Their latest study provides new evidence of the brain's ability to change.

A new branch of Sheba Medical Centre's ARC Innovation Centre was launched in Kfar Qasem, which will accelerate innovations in medicine, use ground-breaking technologies, and serve as a gateway for entrepreneurs in Israel and worldwide to an Arabic population of more than 300 million people.

Researchers at Tel Aviv University have developed technology to produce 3D bio-printing of an entire active tumour. The 3D model includes a "complex system of blood vessel-like tubes through which blood cells and drugs can flow, simulating a real tumour. The breakthrough will enable much faster prediction of best treatments for patients, and accelerate the development of new drugs and discovery of new drugable targets".

TytoCare, a telehealth start-up has developed an artificial intelligence-based device that enables clinicians to perform remote medical examinations. The handheld device developed by the firm has attachments that can examine heart, lungs, skin, ears, throat, and abdomen, as well as measure body temperature, allowing users to perform comprehensive examinations for subsequent care and treatment.

MeMed Diagnostics, a Haifa-based firm that develops diagnostic solutions to monitor the body's immune state, has received US FDA clearance for a test that is able to distinguish between bacterial and viral infections. Failure to recognise the trigger of infection may lead to the inappropriate use of antibiotics, which contribute to the growing global threat posed by antimicrobial resistance.

IntellAct offers a glimmer of hope to help the transportation industry potentially save millions of dollars annually. Using artificial intelligence to analyse the multitude of CCTV cameras monitoring airports, sea ports, and logistics hubs, IntellAct identifies operational bottlenecks and hazards, identifies delays and how to fix them.

Researchers at Tel Aviv University have found that “silent mutations” in cancer genomes can be used to predict both the type of cancer and the probability of patient survival. In some types of cancer, classification was improved by up to 17% while prognosis was improved by up to 5%

StoreDot, an Israeli developer of extreme fast-charging battery technology for electric vehicles, announced what it called “the world's first” silicon-dominant battery prototype capable of recharging in just 10 minutes. The battery technology has been in development for 3 years, and StoreDot said it was now working on setting up a production line with Eve Energy, the company's manufacturing partner in China.

Israeli-American company Eviation Aircraft is preparing for the first test flight of their all-electric plane, dubbed the Alice, made of lightweight composite materials. They are making three more planes to accelerate certification during the next few years, hopefully leading to service in 2024.

Claiming a world first, Israeli doctors have removed cancer tumours from the bladder by freezing them instead of cutting them out. Doctors at the Rambam Healthcare Campus in Haifa say that the method has great potential to reduce bleeding, infection risk and pain. They have conducted the operation four times, and all patients were discharged without side effects. Several more patients will receive the treatment.

A prospective oral coronavirus vaccine is to start clinical trials in Israel. Oramed Pharmaceuticals has created a single dose oral version of a prospective vaccine being developed by India-based Premas Biotech. It hopes that the pill will be suitable as a simple initial vaccination as it will require no professional involvement. This could be a game changer in countries like India, where only a small percentage of the population has been vaccinated.

*Harry Luck.*

## **THE GRADUAL PROCESS of SPIRITUAL HEALING**

“With healing, no one case can be considered to be a precedent for another”. RA Y BRANCH

A PATIENT has asked to be told more about why some healings are gradual. We find that with certain conditions the healing does take time and there are many factors that can account for this. In general, however, while we see the quick and ‘instantaneous’ healings, these are not the rule, but that in most cases some period of time is needed to remove the cause and then the symptoms. Every healing situation must be considered individually. If it should be that the effects of the disease have consolidated, as with arthritis, and the joints have become locked or semi-locked

or distorted, then a longer time is needed than with a patient who has a mild form of arthritis. If the complaint is a form of paralysis and wastage has followed, time is needed to restore the wastage through the natural recuperative powers of the body aided by the healing. With healing, no one case can be considered to be a precedent for another. With even similar conditions, one patient may respond quickly while another needs a longer time. Perhaps it is also well to consider the nature of the cause of the disease, for this must first be removed before the symptoms can be overcome. If the character of the cause is deep-seated and of long duration, then the time factor will vary for its removal. Perhaps in this connection when the affliction results from a long-standing physical injury or from some very deep-seated emotional disturbance the healing influences can only make progress slowly. Next we have to consider the way of life of a patient. If he suffers from arthritis and he is living in damp conditions, then this will tend to maintain the disease, for the cause remains. If one has eye weakness and one's employment continues to cause eye strain, then any improvement from the healing is likely to be hindered; or with nerve troubles and the patient lives under continual stress, the ill-condition is protracted. Another factor to be considered is the receptivity of the patient to healing. Some people are more receptive than others; why this is may be obscure, and may concern the total make-up of the individual. Then, again, one trouble may induce others and it is only when the primary disturbance is removed that the associated conditions will be mastered. Thus it will be seen that there are many factors that can affect the healing progress, but we have found the following to be true: with many patients who have had a period of healing but with no remarkable progress, the time does come when we see the ill-conditions begin to yield. In these cases it appears that removal of the cause and with it being overcome the symptoms recede.

Healing produces a state of change, either in a person's outlook or in an organic or chemical form and it is from these changes the healing results. We are convinced that no matter how long-standing or chronic an ill-condition may be, help is given in some way to every patient. It may be in arresting the trouble, in building up resistance and in the giving of strength or mental comfort and easement. Help is always there in some form or another and we never limit all that can be achieved, no matter how critical an ill-condition may be.

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## **MAKING SENSE OF THE BIBLE -A COMMENTARY BY The REV. RALPH SEELIG**

For thousands of years we have followed the Bible whether we have understood the deeper meanings or not. Sometimes we have commented upon the apparent anomalies, and even factual contradictions. For example, in Genesis Chapter I verse 3 we read that God created "Light" on the first "day". Yet in verses 14 -16 we read that God created lights, thus dividing day from night, on the fourth day. Still in the Creation stories we read Chapter I & verses 1-3 of Chapter II completing creation, yet there follows in Chapter II & III what is ostensibly a different perspective of Creation. One further example of apparent contradictions will suffice for the moment. In Genesis Chapter VI verses 19 -20 we read that two animals of every species are taken into the ark, yet in Chapter VII verse 2 there are seven males and seven females of all clean beasts to be taken in. As we read through the Bible we find many stories repeated, often with somewhat different versions. If we are to benefit from our reading, we do need to understand how these anomalies come into existence, and their justification, for the Bible is a holy book, inspired with the Word of God.

## THE BACKGROUND OF THE BIBLE'S COMPOSITION

Scholars have recognised that there have been varied composers and writers down the ages, writing at different times and with different interests to put over. Some were from Israel, the Northern State after Solomon's time, whilst others, based in Jerusalem, were from the Southern State of Judah. What we now accept as one cohesive whole, was developed at a later stage by one or more scholars who were taking the various versions and skilfully welding them together. Who this person, or series of persons were, may never be conclusively established, but there is a good reason to believe that it was Jeremiah, writing around 600 - 580 BC. It may alternatively be Ezra (and Nehemiah) after 538 BC, on the return of the exiles to Jerusalem. Bible scholars have identified the writers as follows:- "P" or PRIESTLY writers from the Southern Kingdom of Judah who were concerned to preserve the ancient traditions and the holiness code, including Ritual Law (see book of Leviticus). "J" or YAHWIST writers who saw Yahweh as supreme God of the Hebrew nation and the descent of tradition through Moses and David. "E" or ELOHIST writers from the Northern Kingdom of Israel who see Elohim God who is above and through all, but also recognising Moses as the great Prophet. "D" writers of Deuteronomy who saw the upliftment of religion through Moses' teachings, revealed around 621 BC. Relating these main streams to the various parts of the Bible we find for example that Chapter I of Genesis comes through the inspiration of the "P" writers, whilst Chapter II onwards are the teachings of the "J" writers.

We cannot be sure how deeply the "P" writers intended to go. Their language is related to material aspects of creation, such as "dry land, firmament, animals, man" and so on. Perhaps they used these terms literally so that their simple readers could identify with stages of progress. Maybe they saw deeper significance's in the terms. If so it

could indicate, as we said above, "LIGHT" in verse 3 as a spiritual quality, the dawning of awareness without which nothing could be. In this case, light from the sun, during the day, would equate to the capacity to understand, whereas the moon's light could be a reflection, not an initiation, and would relate to the quality of our will which carries out (or fails to do so) the intention of spiritual understanding, where the two are in harmony. From this conclusion we may be prepared to examine each of the qualities summarised as the seven "days" of creation. We can recognise Divine Intent in the first story of creation, and the application on Earth (so to speak) including Man as a divine creation and then as a human being.

*THE REVEREND RALPH SEELIG.*

Examples of why the English language is so hard to learn

- 1) The bandage was wound around the wound.
- 2) The farm was used to produce produce.
- 3) The dump was so full that it had to refuse more refuse.
- 4) We must polish the Polish furniture.
- 5) He could lead if he would get the lead out.
- 6) The soldier decided to desert his dessert in the desert.
- 7) Since there is no time like the present, he thought it was time to present the present.
- 8) I did not object to the object.
- 9) The insurance was invalid for the invalid.
- 10) There was a row among the oarsmen about how to row.
- 11) They were too close to the door to close it.
- 12) The buck does funny things when the does are present.
- 13) A seamstress and a sewer fell down into the sewer.
- 14) To help with planting, the farmer taught his sow to sow.
- 15) The wind was too strong to wind the sail.

- 16) After a number of injections my jaw got number.
- 17) Upon seeing the tear in the painting I shed a tear.
- 18) I had to subject the subject to a series of tests.
- 19) How can I intimate this to my most intimate friend?

Let's face it - English is a crazy language.

There is no egg in eggplant nor ham in hamburger;  
neither apple nor pine in pineapple.

English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

Why is it that writers write, but fingers don't fing, grocers don't groce and hammers don't ham?

If the plural of tooth is teeth, why isn't the plural of booth beeth?

One goose, 2 geese, so one moose, 2 meese? One index, 2 indices?

Doesn't it seem crazy that you can make amends, but not one amend.

If you have a bunch of odds and ends, and get rid of all but one of them, what do you call it?

If a vegetarian eats vegetables, what does a humanitarian eat?

Sometimes I think all the English speakers should be committed to an asylum for the verbally insane.

In what language do people recite at a play and play at a recital?

Ship goods by road and send cargo by ship?

How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites?

You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill out a form by filling it in and in which an alarm goes off by going on.

English was invented by people, not computers, and it reflects the creativity of the human race (which, of course, isn't a race at all).

That is why, when the stars are out, they are visible, but when the lights are out, they are invisible.

### **The Law of Prayer**

I got up early one morning  
And rushed right into the day;  
I had so much to accomplish  
That I didn't have time to pray.

Problems just tumbled about,  
And heavier came each task.  
"Why doesn't God help me?" I wondered.  
He answered "You didn't ask."

I wanted to see joy and beauty,  
But the day toiled on, grey and bleak,  
I wondered why God didn't show me,  
He said, "But you didn't seek."

I tried to come into God's presence;  
I used all my keys at the lock.  
God gently lovingly chided,  
"My child, you didn't knock."

I woke up early this morning,  
And paused before entering the day,  
I had so much to accomplish  
That I had to take time to pray.

When you pray you are moving towards God and God is  
moving twice as fast towards you.

*Sheila Goldsmith*

## HEALING

When living in physical form, I used to accompany several ladies in order to give healing to those who suffered either physically or mentally. I must confess that, in those days, I knew less about the mechanics of this phenomenon than I now know. Let me, then, try to give you thoughts on this, perhaps the greatest of all gifts. My good friend Franz postulated the theory that a magnetic fluid flowed from him to his patients. He also used magnets, sometimes in the shape of human organs. His methods were later ridiculed by the medical men of his time, yet the percentage of successful cures was as high and maybe higher than that of today, no matter which method is employed. It was only the wording that was incorrect, for electromagnetic forces do flow from all who involve themselves in the practice of healing, providing they have the necessary empathy for their patients. Armand Jacques Marie Chasenet (known as Philippe) wrote a book entitled *Magnetism Animal*. He is one of our group and, therefore, it is befitting that we make comment on this type of healing first. Although there are seven auras, for the purpose of discussing the healing process, let us condense these into three - the physical, mental and spiritual. The physical body contains a network of electromagnetic circuits that may be seen as seven integrated patterns all linked together. Acupuncturists work with knowledge of these centres of energy. Just as a magnetised piece of steel is surrounded by a beautiful force field, so it is with those seven centres of energy. Together they form a very complex field of magnetism, colour and radiation, known as the physical aura. It may be photographed in the light of a high voltage spark and some sensitives can even see this aura by using their clear-seeing (clairvoyance). Those who have made a study of the delicate patterns and colours can see where lies the origin of any health problems. Some who use pendulums are able to dowse the many lay lines and

megaliths of the human body and from their work, know which of the circuits have ceased to function.

Clairsentients become sensitive to that part of the body that requires healing. The vital body forms part of this physical aura and healers whose vitality is high may allow some of theirs to flow into the aura of their patient. In science, it is well known that in a U tube containing water, the water in both legs will find its own level. Since the mind is linked through the etheric body to the physical, the amount of energy flow is controlled by the mind. This energy is not only in the form of minute electro-magnetic charges but also contains other etheric vibrations including heat, colour and other radiations. Here it is interesting to note that an infinite number of steel needles may be magnetised from a permanent magnet without it losing any of its magnetic strength. This is achieved by the action of stroking the needles several times in the same direction. Similarly, the hands of the healer make passes in the same direction, working from the part of the body that needs healing to the nearest extremity. A book could be written on just this one aspect of healing, but suffice it here for me to mention that this form of healing includes the use of colour, crystals and the knowledge of where on the hands, feet and head lie the harmonic vibrations of the seven energy centres.

With regard to colour, healers should be aware that the seven basic colours from red to violet correspond to those centres that are today called chakras. Depending upon the location of the complaint, the healer should have vision of the appropriate colour as when making passes, or even in just the laying on of hands. The use of crystals of various colours act rather similarly to condensers in electrical circuits; in other words, they hold a charge of the vibrations associated with that particular colour. Because they are crystal, they may be compared with gem stones that have gathered earth energy over many, many years. The same principle is involved when you stand with your

back against a mature tree, so that you may absorb some of the trees' natural energy. As a healer, it is easier to carry crystals than to take your patients to a large oak tree.

Before discussing other categories, it must be said that even the administration of powerful healing vibrations will not change the time of physical death if a person is meant to leave earthly conditions. When healing involved body, mind and soul, then although the body may not be meant to recover, at least mind and soul are prepared for that inevitable journey. This statement leads us into other forms of healing.

They only had to touch the hem of his garment and they were healed. If this biblical quotation is true, then was it the vibrations that issued from that garment, or was it the faith that people had in the Nazarene? Experiments have been conducted using sweetened, coloured water instead of medicinal drugs and people have responded to the placebo phenomenon - Faith can move mountains. The power of the mind is so great that it can work on the etheric body with such great effect that the physical body has no choice but to follow suit. Although acupuncture, aromatherapy, reflexology and other similar complementary therapies all have their place, who can say whether the cure is the result of their administration or due to the faith of the patient in those sciences? Hypnotherapy, when used in competent hands proves that the mind may overcome many maladies of the physical body. The mind, superior to any radio transmitter, may transmit etheric parts of the five physical senses. It may also transmit mannerisms, memories, emotions and guidance, as displayed in mediumship. As well as all these forces, the mind may also transmit radioactive healing energies from the level of consciousness to which it belongs. This applies to the mind whether incarnate or discarnate and, therefore, has

great implications for those who desire to develop that wonderful gift of healing.

Physician heal thy self. This surely implies that every incarnate being has the ability to practice self healing provided they know how to direct their mind in order to achieve the desired result. It also implies that those who practice healing should be on a high level of consciousness so that they may utilise the energies of that level with maximum effect. Every healer should also have qualities within their personalities that radiate confidence to those who come to them for help. Those healers who have knowledge of these facts can also help their patients to have a positive attitude and teach them how to use their own minds to have the desired effect on their physical bodies. Just as the earthly sun radiates invisible light that may be split by a prism into seven basic frequencies, a similar process exists in invisible dimensions. The non-physical light of each level of consciousness may be divided into infinite colours with their hues and shades. The mind of the healer can pass these energies into the energy centres of their patients via the etheric body. You are all spiritual beings and therefore this type of healing may rightly be called Spiritual Healing. If its administration helps the mind and body, then it also helps the soul or spirit of the recipient. I often say that I do not like the terminology of Spirit World , for it seems to suggest that our world is like a distant planet when, in fact it is, in a sense, only a higher vibrational frequency of earthly conditions. In the same way, those in our world who participate in helping incarnate healers simply use their minds to add energy to that upon which you draw. Helpers in our world must be on a similar level to those with whom they work in yours. Naturally, many spirit helpers were involved in curing the sick when they lived on earth. Just as I still try to help many with their scientific work, so doctors, nurses and other caring souls continue their interest here in our dimensions.

Healing on earth implies flying to help others in your dimension, but healing in our levels has even greater meaning. Although after physical death there is no body to heal, the etheric double of many requires help. There are those who enter levels of mind here who do not accept that they have lost their earthly body. This being so, their etheric still suffers in the same way as their physical body suffered when living on earth. Healing is therefore necessary in our world as well as yours, to help these souls rectify the problems of the etheric body. This is achieved by giving enlightenment, knowledge and truth. Healers on earth can give the same to their patients, so that, although the physical body cannot always be completely restored, at least people are aware that poverty of bodily health often helps the body and soul to become rich in wisdom. All learning is painful in the sense that it stretches the mind. Learning gives knowledge. Knowledge encourages experience. Experience eventually gives wisdom and wisdom gives greater luminosity of the soul. In your healing, try to help others to see that earthly life is one of God's many nursery schools and that the time spent in this nursery school is a mere nothing compared to eternity.

Accept also that this learning process, of necessity, involves Karma. An athlete cannot become a world champion without practice and training of the muscles of his body. This involves discipline and often pain. Likewise, a soul may not become a master unless it undergoes the necessary mental and spiritual development. How can we learn to love that great incomprehensible, infinite source of creation unless we first learn to love our parents, brothers, relations and even friends? How many can truly say that they love their neighbours as much as they love themselves? Could it be that, before understanding poverty, one has to suffer it? Before understanding the many afflictions of the physical body it is surely necessary to experience at least some of the earthly handicaps, An

understanding of all these tools of knowledge are necessary for the healer to do his work. Comments on Karma deserve a separate chapter and therefore let us try to give some sense to the reality of the subject, since it not only applies to the human species, but to all kingdoms whether animate or inanimate.

*Excerpt from "Nobody Wants to Listen and Yet" by Sir Oliver Lodge, Spiritually Transcribed by Raymond Smith and sent in by Aubrey Rose CBE.*

## **Canterbury and Durham Cathedrals**

### Healers of Past Ages

I think that Harry Edwards would have been known as "Saint Harry" if he had lived a few hundred years ago.

The great bulk of Durham Cathedral, when flood-lit at nighttime, stands magnificently on the top of the hill, giving an impression that maybe the prayers of a multitude have crystallized into stone. Similarly the beautiful Canterbury Cathedral seems to stand as the expression of the faith of simple people who prayed in past times but who were unable to express their inward feelings other than in the poetry of architecture and masonry, Enshrined in both of those places are tributes to men who were spiritual healers, though they are known as saints because they were involved with the Church in their own time. Sometimes I think that our own dear healer, Harry Edwards, would have been known as "Saint Harry" if he had lived a few hundred years ago, instead of in this age wherein new philosophies and ideas are supplanting the orthodox teachings of the older established Church. We know that miracles of healing took place through his intercessions, though many of those wonderful happenings are forgotten in the swift passage of time; the only ones remembered are those recorded by investigators, sceptics,

and the tributes from people who left visible signs of their gratitude. In Durham Cathedral lies the tomb of a great man called Saint Cuthbert. His fame lingers in the fact that he was one of the first people to bring the message of Christianity to this country. But among the records of his life is one relating to a remarkable case of healing. That incident is recorded in a fresco which depicts him in the home of a family stricken with the dreaded plague, which at that time terrified everyone because there was no known cure. There stands the medieval saint with outstretched hand to bless the sufferer, and through the ages comes echoing the knowledge that the sufferer was healed and no other person in that house succumbed to what was a virulent and contagious infection. As there is retained this record of his healing ability, I wonder how many others there were which have been forgotten because they were unrecorded.

Canterbury Cathedral seems to be known mainly because it was the place where Thomas a'Becket met his tragic death. Most visitors seem to gravitate towards the place of his execution, Though they may have only a limited knowledge of the history of those times, very few of them may be aware of the healings which took place by the blessing of the spirit of this man, or of the fact that in those days the sick were brought to the Cathedral in order to be healed. How did Thomas gain a reputation for healing after death unless he had produced some cases of healing before he died? There is a delightful series of small stained glass windows in the Cathedral which depict some of these activities. I was enchanted to see the one depicting a man lying on a bed, with the spirit of the saint emerging from his coffin in order to hover over the sick man and to heal him. I have since learned that it was quite a common happening for people to carry their ill people into the building, leaving them in the dimly-lit silence of the night, in order to receive the ministrations of such a holy person as Saint Thomas. Another of the little windows shows a

man with an arrow stuck into his neck and then of him, after healing, approaching an altar with the arrow in his hand, in order to offer thanks in prayer for the miraculous removal of the offending object. As the surgery of that time was somewhat unskilled, I imagine the removal of the arrow would have injured some vital part of the man's throat. Windows such as these are the pictorial records of happenings in the past, which seemed to be too important to the people of that time to be forgotten in the passing of later years. In many healing sanctuaries are plaques depicting the dear Saint Francis, or cards recording the prayer he made, but it seems that very few healers are aware of the fact that he, too, was a healer. In the lovely town of Assisi there is a church which carries old wall paintings depicting episodes of his life. There he is, at the bedside of a dying woman, hands held out in healing, and the record says that the woman recovered from her illness and lived long enough to repent of the wrong things she had done in her lifetime. Once again I ask, if one incident is recorded, how many unrecorded incidents of healing were there? Is it not a little sad that Francis is only remembered because he loved birds? The healing work in which we are all involved certainly had wonderful beginnings in ancient times, and as we are making history now, I wonder just how much of our present activities will be remembered in the future - probably more than was possible in the past, because present-day video and sound recordings make records of a more lasting nature, so it is important that all we do is sincere and goer.

The Prayer of St. Francis of Assisi  
Lord make me a channel of Thy Peace  
That where there is hatred I may bring love,  
That where there is wrong  
I may bring the spirit of forgiveness,  
That where there is discord  
I may bring harmony,

That where there is error  
I may bring truth,  
That where there is doubt I may bring faith,  
That where there is despair I may bring hope,  
That where there are shadows I may bring Thy light, That  
where there is sadness I may bring joy.  
Lord, grant that I may seek rather  
To comfort than, to be comforted;  
To understand than to be understood;  
To love than to be loved;  
For it is by giving that one receives;  
It is by self-forgetting  
That one finds;  
It is by forgiving that one is forgiven;  
It is by dying that one awakens to eternal life.

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*Ursula Roberts*

## **Good Samaritan...Lucky cat**

In these troubled times, here's a story that might restore some faith in humanity. A few Fridays ago, as I approached the panic phase of making dinner - my guests were due, and the chicken was nowhere near the oven, I got an emergency call. Actually it was a knock on the door. A young man had found an injured cat by the roadside, put it in a box and brought it to me. One look, and I forgot about dinner. The cat had been hit by a car. A grave head injury had partly popped her left eye from its socket. She also could not bear weight on her right foreleg. If it's true that cats have nine lives, this feline had clearly used up one of them. For all her distress, she was quite calm with all vital signs in normal range. I restored the eye to its socket and x-rayed her right front leg. The x-ray confirmed my suspicion that her leg wasn't broken, but lame from something called radial nerve paralysis. This results from trauma to the radial nerve in the shoulder area, It leaves

the front leg incapable of bearing weight, as the limb is folded and dragging. Most often, with time, it spontaneously heals, though not always. Having done all I could to stabilise the cat I left her in the clinic cage and returned to the kitchen. Our guests, long familiar with the vagaries of my profession, did not mind the wait. The cat healed well over the next few days. Once her eye swelling went down and the lid opened, her "popped" eye reacted to light stimulus and began functioning again. In two days she was eating and drinking, and by day three began to bear weight on her right front paw. She no longer needed, nor wanted to be caged in the clinic. But she had to be as no one had called in to ask about a lost cat. By Wednesday I felt more like her jail guard than her doctor, so I phoned the young man who'd found her. To my surprise, he agreed to take her home until we found her original, or new, owners. He truly impressed me: He'd not only rescued the cat, but was willing to give her a foster home. The next Friday, during regular clinic hours, a family came in, placed a purple plastic cat carrier atop my examination table, and began telling me how, for a week, they had mourned the disappearance of their cat. Then suddenly that same day, they continued, their cat came back home. She had a scrape above her left eye, a right-front-leg limp, and would I take a look at her? Sure enough, it was the very cat that a mere week ago had appeared at my kitchen door. I told them the story of what had happened to her. We then called her foster home, and were told she'd left that very morning and not come back. Well we know where she went: Home! "Kiki," as she is called, had very grateful owners, and I --- well, my faith in people was somewhat restored. Good Samaritans are an endangered species today, but they are not extinct. That's nice to know.

*Laura Katzman. JERUSALEM POST*

Be Kind, - everyone you meet is fighting a hard battle.

*John Watson*

Who says keeping accurate notes on patients isn't necessary? DOCTORS NOTES ON PATIENTS CHARTS: (ACTUAL NOTES-UNEDITED!)

1. Patient has chest pain if she lies on her left side for over a year.
2. On the 2nd day the knee was better and on the 3rd day it disappeared completely.
3. She has had no rigors or shaking chills, but her husband states she was very hot in bed last night.
4. The patient has been depressed ever since she began seeing me in 1993.
5. The patient is tearful and crying constantly. She also appears to be depressed.
6. Discharge status: Alive but without permission.
7. Healthy appearing decrepit 69 year-old male, mentally alert but forgetful.
8. The patient refused an autopsy.
9. The patient has no past history of suicides.
10. Patient is always telling me about her pains and problems. This remains a significant pain to me. .
11. Patient's past medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days.
12. Patient appears responsive, but unable to communicate with me.
13. Between you and me, we ought to be able to get this lady pregnant. Since she can't get pregnant with her husband, I thought you might like to work her up.
14. Bladder is under control, but cannot stop urine from seeping.
15. She is numb from her toes down. While in the ER, she was examined, X-rated and sent home.
16. Rectal exam revealed a normal size thyroid.
17. The skin was moist and dry.
18. Occasional, constant, infrequent headaches.
19. Patient was alert and unresponsive.

20. Complains of chest pain occasionally. Otherwise just a pain.
21. Testicles are missing on this woman. She stated that she had been constipated for most of her life, until she got a divorce.
22. If it weren't for the fact that the patient is dead, I would say he was in perfect health.
23. Patient was seen in consultation by Dr. X, who felt we should sit on the abdomen and I agree.
24. Heart problem is fixed. Patient died at 10:07 this morning.
25. Patient has two teenage children, but no other abnormalities.
26. The blood work-up showed no antibodies present. Need the rest of the blood to be sure, however.

### **God's Boxes**

I have in my hands two boxes  
Which God gave me to hold.  
He said, "Put all your sorrows in the black,  
And all your joys in the gold."

I heeded his words and in the two boxes  
Both my joys and my sorrows I stored  
But though the gold became heavier each day  
The black was as light as before.

With curiosity, I opened the black  
I wanted to find out why,  
And I saw. In the base of the box a hole  
Which my sorrows had fallen out by.

I showed the hole to God and mused aloud,  
"I wonder where my sorrows could be"  
He smiled a gentle smile at me,  
"My child they're all with me."

God's Boxes (continued)

I asked, "God ,why give me the boxes,  
Why the gold and the black with the hole?"  
"My child, the gold is for you to count your blessings,  
The black is for you to let go."

We should consider all our friends a blessing.  
Send this to a friend today,  
just to let them know you are thinking of them  
and that they are a joy in your life.

A ball is a circle, No beginning, no end.  
It keeps us together like our Circle of Friends  
But the treasure inside for you to see  
Is the treasure of friendship You've granted to me.

Today I pass this friendship ball to you,  
Pass it on to someone who is a friend to you.

*Rommy Channe.*

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"Start the day by doing what's necessary, then what's  
possible and suddenly you are doing the impossible."

*St Francis of Assissi*

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